

GROSSOLOGY

ALL THINGS GROSS
AND SLIMY!



Itinerary

Indoors:

Edible Fake Blood

Clear corn syrup (e.g. Karo)

red food coloring

cornstarch

powdered cocoa

disposable bowls

water

Spoon

- 1) Place two teaspoons of clear corn syrup into a disposable bowl.
- 2) Add 1 teaspoonful of water.
- 3) Stir with a spoon
- 4) Add 2 drops of red food coloring.
- 5) Stir with the spoon

6) Add 3 pinches of cornstarch and 2 pinches of cocoa to the mixture and stir.

7) Apply fake blood to corners of mouth, nose, or other appropriate areas.

Fake Wounds

petroleum jelly

red food coloring

powdered cocoa

disposable tissues

disposable bowl (e.g. Ziploc plastic storage container)

spoons

1) In a disposable bowl, use a spoon mix 3-4 drops of red food coloring into a dollop of petroleum jelly.

2) Stir in enough cocoa (a pinch or so) to darken the red color to a deeper, blood-like tint.

- 3) Tear out a small rectangle from a single layer of the tissue.
- 4) Place the tissue onto an appropriate patch of skin and cover it with the petroleum jelly mixture.
- 5) Mold the tissue into a wound shape, with the edges of the wound raised higher than the center.
- 6) Add some petroleum jelly mixture to the center of the wound.
- 7) Sprinkle cocoa at the edges of the wound to darken it. Add cocoa to the center of the wound if a scabby (as opposed to fresh) looking wound is desired.

Latex Wounds

Latex Wounds – Samples

Latex

Color Wheels

Paint Brushes

Cookie Sheet

Bruises

Bruise Color Wheel

Scabs

Latex

Color Wheels

Paint Brushes

Scars

Latex

Color Wheels

Paint Brushes

Whoopie Cushions

1 Per Child

Sewer Sodas

Alternative suggestion for large groups: Pour everything into a big punch bowl. Do a test-taste to make sure it's chocolaty enough.

Chocolate ice cream

Chocolate syrup

Club Soda

Oreo cookies

Big (12 oz.) plastic cups

Plastic straws

Plastic spoons

- 1) Let the ice cream sit at room temperature until it gets melty and easy to scoop.
- 2) Spoon ice cream into glasses until halfway full.
- 3) Pour about 3 tablespoons of chocolate syrup into each glass.
- 4) Slowly fill glasses with club soda, almost to the top.
- 5) Stir well with a spoon.

6) Add one or two crumbled Oreo cookies for garnish.
Serve with a straw and spoon.

Outdoors

Snot Slime – Slime Each Child

Buckets of Yellow Slime (Water, Corn Starch and Yellow Food Coloring)

Pitcher for pouring slime on kids

Shave Cream Wars

1 Can of Shave Cream Per Child

Paper Towels (Give a towel to each kid to put in their waist band)

Snot Wars –

Water Bottles with hole drilled in the top. Fill with thin yellow slime and let them have battles.

Yellow Slime...thin enough to squirt through the hole in the top of the bottle cap (water and corn starch)

Corn Starch

Water

Yellow Food Coloring

Bucket of very thin slime

Silly String Battles

1 Can of Silly String Per Child

Gross Facts

1. You Make Enough Saliva To Fill 2 Swimming Pools In Your Life

Your body produces an amazing 2 to 4 pints of saliva per day. Over a lifetime that's about 2 swimming pools worth — not that you would want to swim in it.

2. Stomach Acid Can Dissolve Razor Blades

Your stomach is full of acid. That's how it begins digesting the food you eat. But did you know that this acid is so strong that it can dissolve razor blades? It's been proven in the lab — but don't try this at home!

3. Feet Can Sweat Over A Pint Per Day

Each of your feet is capable of producing more than a pint of sweat per day. No wonder so many people have stinky feet! Each foot has at least 250,000 sweat glands. But the sweat itself isn't at all smelly. The bad odor is caused by bacteria on the skin that thrive in sweaty conditions.

4. You Swallow About A Quart of Snot Each Day

What kid hasn't picked their nose and eaten it? But it turns out there's no need to pick your boogers after all. You naturally swallow about a quart of nasal mucus per day. Yuck!

5. Stinky Stones Can Grow In Your Tonsils. It's surprisingly common for people to grow strange stones in their tonsils. They're called tonsil stones. The stones grow when bacteria, mucus, and dead cells get trapped within pockets in the tonsils. And although the tonsil stones aren't particularly harmful, they may cause a sore throat — and contribute to bad breath.

6. Sneezes Travel More Than 30 Miles Per Hour. It's commonly believed that a sneeze propels mucus from your body at 100 mph, landing it 30 feet away. The 'Mythbusters' set out to test this myth — and busted it. But what they found was still pretty gross! Adam's sneezed at 35 mph landing it 17 feet away, compared to Jamie's 39 mph, 13 foot sneeze. That's definitely still enough to spread thousands of germs through the air — so make sure you cover that sneeze, especially if you've got a cold or the flu!

7. The Average Person Farts 14 Times Per Day. Believe it or not, everyone farts. And most people fart around 14 times per day. That can add up to between 1 and 3 pints of gas per day. Stinky!

8. You Are Hairier Than A Gorilla. It might surprise you to know that most people have about 5 million hair follicles on their bodies. That's 3 times as many as a gorilla. The difference is that humans have far more fine hairs than great apes do.

9. You Shed Over 8 Pounds Of Skin Each Year. Shedding is more commonly associated with animals, but just check out these gross human shedding facts: Between 30,000 – 40,000 of your skin cells fall off per hour. You shed over 8 pounds of dead skin per year. Trillions of dust mites live in your house and eat all that dead skin.
10. Humans Shed 50 To 100 Hairs Per Day. It's not just skin that we shed. Before you worry too much about your hair loss, consider this — it's normal for people to lose between 50 to 100 hairs per day!
11. There Are 60,000 Miles Of Blood Vessels In Your Body. Are you squeamish about the sight of blood? If so, then you probably don't want to know that there are around 60,000 miles of blood vessels that transport blood throughout your body. If you were able to stretch those blood vessels out — that's far enough for them to go from New York City to San Francisco 23 times.

Lots of cool Gross Ology facts, etc

<http://www.scholastic.com/teachers/article/icky-creepy-and-just-plain-gross-science-projects>



Here's How:

Heat 1/4 cup of applesauce in a small frying pan over low to medium heat.

Stir in 1 packet of unflavored gelatin.

Add a pinch or two of cocoa powder. Mix thoroughly and remove from heat.

Sprinkle oatmeal over the mixture into an aesthetically-pleasing chunky pattern. You can stir it in a bit, but don't mix too much.

Repeat the oatmeal procedure with some raisin bran cereal.

Spread the barf mixture onto a plate so that it resembles vomit, adding extra raisins or cereal bits, as desired.

Allow the barf to cool completely (couple of hours). Remove it from the plate with a spatula.

You may wish to spray your plate with nonstick cooking spray to keep the vomit from sticking.

Here are the recipes for those boogers, scabs, etc. I got lots of information on the science of gross body stuff from the book Grossology by Sylvia Branzei, but didn't type it out. I bet the Rogers library has it, though. You should see if you can find it because it had lots of cool facts that really grossed the kids out (I think it said that the average person swallows something like a quart of snot a day! Ugh!). As an ice breaker, I had the kids say their name and then sit on a whoopee cushion. It was quite funny.

Yuck Games

Pirate's Treasure

Bury toys in the Yuck and kids need to dig out, when they find one they need to drop out. Use blindfolds to add to the sensory experience. Or mark the toys and they get a bigger toy or prize based on the markings. (*Chunky, Saucy, Snowy* – *Chunky the best*)

Follow the Leader

Have Yuck in various forms, on a tarp, in pools, a Yuckzooka, water balloons and the kids can take turns being the leader and going through the obstacle course.

Save our Ship

Float items (*rubber animals, rubber duckies, etc.*) in a Yuck filled kiddie pool. Cut 3 long pieces of rope or clothesline to each ring (*plastic or Styrofoam rings or inner tubes.*). Have each player toss the rings over the floating objects and pull them "ashore". (*Any Yuck product will work*)

Variation: Give each person a number of tries or give points for a first attempt, a second attempt, and so on. Or time the players, giving them 1-2 minutes to accomplish the rescue.

Scoop Relay

Cut a milk jug into a scoop-shaped container with a handle. Fill one pool with Yuck, and leave the other empty. Each player on a team has a scoop and they must scoop up the Yuck and transfer to the other pool. Shake it up by having each player run back and forth, or have them in a line and transfer from scoop to scoop. Can color the Yuck for each team. (*Chunky or Saucy*)

Variation: Use the Chunky Yuck and have players carry and/or pass in their hands.

Yuck Relay

Fill 2 flat pans with Yuck, and have one tub of Yuck for each team for refills. Divide players into 2 teams and have them line up. Give the players at the front of the line the pan of Yuck. The players must pass the pan over their heads from one person to the next until the end of the line, the last player runs with the pan to the front of the line and passes it back again. If the pan spills, the player who has the pan must run to the bin for more Yuck.

Variation: Add objects to the pan and see what team loses the most items. Use Saucy Yuck and water it down so it is really loose.

Bucket-O-Yuck

This game can be played individually or in teams. Each person/team has its own bucket, they must be exactly the same, (*Use a tub, or larger container for teams*). They are given 5 minutes and must run through an obstacle course. It can be simple, a rope strung waist high that they need to crawl over, inner tubes they have to step through, etc. At the

end is a tarp full of Yuck. They must roll around and get as much on them as they can. They then go back through the obstacle course and wipe off as much Yuck as they can into the bucket/tub. This continues until time is called. Then each bucket/tub is weighed and the winner announced. They cannot carry Yuck in their hands or arms.

(*Obviously this game is going to make a mess, so have it someplace where residue won't bother anyone afterwards*) (*Saucy*)

Buried Treasure

Throw pennies in while the kids have their back to the pool, then they race to find the most pennies. (*Chunky Yuck*)

Variation: eyes closed

Variation: time them individually

Pop The Piranha

Inflate balloons and tie them off. Using black felt-tipped permanent markers have the kids draw a fish face on the front to look like menacing piranha's, with big mean eyes, open eyes, and lots of sharp jagged teeth. Toss a balloon for each player into the kiddie pool full of Yuck. On the word "Go" have the kids jump into the pool, grab a balloon, and try to pop it by sitting on it. The Yuck makes everything slippery, so there will be lots of falling and getting Yucky. Whoever pops a balloon first wins. Depending on size of pool and number of players you can have all the winners compete against each other, and so on. (*Chunky and Saucy*)

Frogs on a Lily Pad

Find a musical instrument, harmonica, triangle, kazoo that can be played without electricity. Cut out giant, round "lily pads" about the size of a medium pizza from green plastic garbage bags. Float on the Yuck and have the kids stand outside the pool. Tell the "frogs" that you are going to play your instrument and when you stop they must jump into the pool, find a lily pad, and sit down on it. After a practice run, remove one lily pad, the one left without is "out". Restore the "lily pads" to the top of the Yuck in between each play. (*Chunky Yuck*)

Variation: Instead of "lily pads," make "boats", "icebergs", "magic carpets".

Gone Fishing

Purchase some small plastic fish, or other sea animals. Fill a tub or kiddie pool with Yuck and have the kids go fishing with plastic cups. See who can scoop up the most. (*Chunky Yuck*)

Don't Get Yucky!

Divide the players into 2 teams with equal numbers and size of player on each team. Place a long length of rope or a garden hose across the inflatable kiddie pool full of Yuck. Each team must try to pull the other team into the pool. Have players compete one and on without moving their

<https://buckets-o-fun.com/product/sticky-yuck-slime/>



Original YUCK is our most popular item. It's like mini jello cubes. The cleanest mess you can play in!

Original YUCK is a unique recreation product which provides slime without the slime and the mess without making a mess. Sounds crazy fun doesn't it?! It simply replaces the need for using gelatin, mud, food or other messy substances. A list of games, activities and uses is available upon request. Just add water. It's that easy.

Original YUCK helps to provide a Nickelodeon (TM) type environment without the typical expense involved. This product is non-toxic, biodegradable and OSHA safe. It is still advisable to avoid swallowing or rubbing into eyes (see caution tab).

Original YUCK absorbs water and will grow 200-500 times it's original size. One pound of dry Original YUCK should make between 25-60 gallons (depending on the salt content and other variables of the water in your city. Lower salt = bigger growth). This product is best when given up to 24 hours to grow in proper conditions. Feel free to phone or email with any questions you may have.