

## **Homemade Ice Cream in a Bag**

**Milk can become homemade ice cream in five minutes by using a bag! This homemade, creamy treat is a summertime delight for kids and adults alike.**

### **What you will need**

**Sugar (1 Tbsp. per child)**

**Milk (1/2 cup per child)**

**Vanilla (1/4 tsp. per child)**

**Rock salt (Ice Cream Salt) 6 Tbsp. per child**

**1 pint-size plastic food storage bag (per child)**

**1 gallon-size plastic food storage bag (per child)**

**Spoons (1 per child)**

**Old towels in case of spills, melting ice or one per child for good measure!**

**Ice (I buy a bag of ice (more if we have a lot of children). Purchase enough ice to fill 1-gallon bag 1/2 full...plus extra for refills if the ice melts too fast...depends on the time of year. The more ice and salt you use the quicker it freezes.)**

### **How to make it**

**Fill the large bag half full of ice**

**Add the rock salt.**

**Seal the bag.**

**In the small bag (I double bag)**

**Put milk, vanilla, and sugar into the small bag, and seal it.**

**Place the small bag inside the large one, and seal it again carefully.**

**Shake until the mixture is ice cream, which takes about 5 minutes.**

**Wipe off the top of the small bag, and then open it carefully. Enjoy!**

**See tips on next page.....**

## **Tips**

- **Allow the children to measure and mix their own ice cream...It's something they will remember forever. Adult supervision is needed of course!**
- **Create your ice cream outdoors or on a tile floor (in the gym, on the sidewalk, etc)...accidents do happen.**
- **I always double bag the milk, vanilla, sugar mixture. Just place one small bag inside the other and THEN place the double bag inside the large bag. Some kids can get a little excited and shake too hard.**
- **1/2 cup milk will make about 1 scoop of ice cream, so double the recipe if you want more. But don't increase the proportions more than that -- a large amount might be too big for kids to pick-up because the ice itself is heavy.**
- **Ice does get cold. If a child's hands get cold; or they get tired of shaking, have them place their bag on the floor and turn over and over and over. An old bath towel to lay the bag on may be a good idea. Children would place their bags on top of the towel to turn it over and over on the towel.**
- **If the ice cream does not harden, add more rock salt to the ice bag.**